



MENTAL HEALTH

SYMPTOMS DOCUMENTED IN GRANTED ANXIETY DECISIONS

Anxiety disorders. RateMyVSO decision-text research drawn from the condition-specific Board dataset.

48,330

DECISIONS SCANNED

3,876

GRANTED DECISIONS IN DATASET

2026-08-10

ARTIFACT DATE

DECISION-TEXT RESEARCH

SHARE OF GRANTED DECISIONS DOCUMENTING EACH SYMPTOM

Depressed mood



55.9%

2,167 decisions

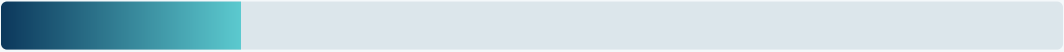
Chronic sleep impairment



30.5%

1,181 decisions

Panic attacks



22.6%

876 decisions

Irritability



17.0%

659 decisions

Memory loss



12.4%

480 decisions

Suspiciousness



9.4%

363 decisions

READ THIS CAREFULLY: Bars use a 0 to 100 percent scale. These are symptoms documented in granted Board decisions, not medical prevalence and not a checklist of symptoms to report. Categories can overlap, and percentages do not add to 100.

